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100 Training Games



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Synopsis

100 ways to dramatically enhance training. New IdeasÃ Â- Ã Â- AAA of Stress ManagementÃ Â- Ã Â- BrainstormÃ Â- Ã Â- Shuffling PapersÃ Â- Ã Â- Overcoming FearÃ Â- Ã Â- These are the names of just a few of the 100 reproducible games you'll find in this lively, inventive collection of instructional aids from the best-selling training author Gary Kroehnert. Perfect for developing employees' abilities in communication, teamwork, initiative, stress and time management, creativity, and more, 100 Training Games makes role plays more effective, simulations more realistic, and exercises more fun! Each game is self-contained and provides all the necessary instructions and materials. What's more, a unique index grid and system of graphic symbols help you locate and choose complementary games and respond confidently to particular training needs and situations. 100 Training Games is a must-have sourcebook for trainers and managers in all functions and industries.

Book Information

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Running a work group? Providing a training session? Setting up a project team? Running an induction programme?Worried about being a talking head? Want to involve the participants? Want

to get attendees comitted? Stuck for ideas or looking for new ones?Try this book. It has 100 exercises for icebreaking, team building, communications, developing facilitation skills, energising everybody, developing perception, helping people evaluate and for developing self management.I have used exercises from this book mainly with older conservative (mainly male) participants and find a bit of resistance to some of the exercises but others have been very powerful and helpful.Each exercise is coded according to how it can be used (many have multiple uses) and there is a very useful index to find exercises which support a particular purpose.Thank goodness the author provides answers for the brain teasers.

I was very disappointed with this one. In the introduction, the author reminds us that any games or activities must be relevant to the subject. Unfortunately, I saw very few activities that I could use as-is in my workshops. They would take too much time of a two-hour workshop for little return, or seemed to have little point at all. I saw a few I could adapt to the content of my parent and/or teacher early childhood workshops.

Nice info

Some of the activities are very good, however, you have to really look for them. Most of them are not very good or old and too familiar. However, the presentation is very good and the book has an easy reference at the begining that you can use to pinpoint the activities that are suitable for different topics.

My organization purchased this book in hopes of finding some teambuilding exercises that could be used at a conference for 60 insurance claims professionals. What we found was A book filled with games and exercises designed for elementary school children or scouts on a camping trip. If we used any of these games/exercises, we would have had tomatoes thrown at us!

I found many exercises in this book to be useful. Most of them require no props and can be adapted to any environment. I work with school and college students and have used the exercises in my workshops with good results. The games are categorised and presented very well.

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